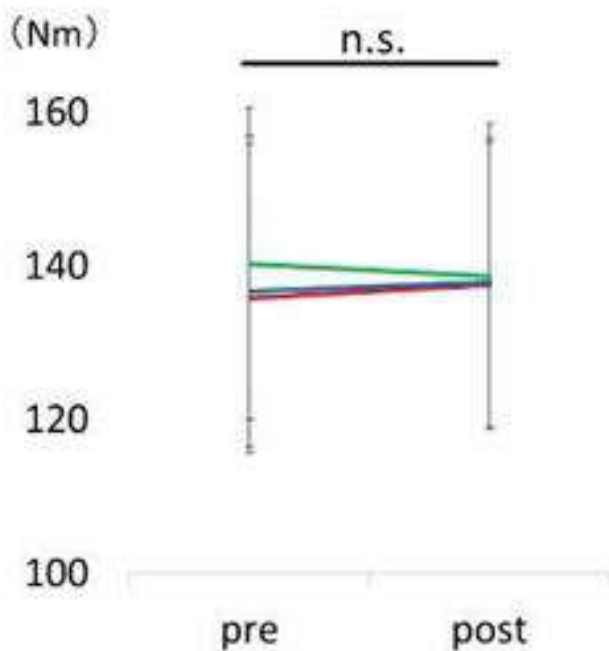
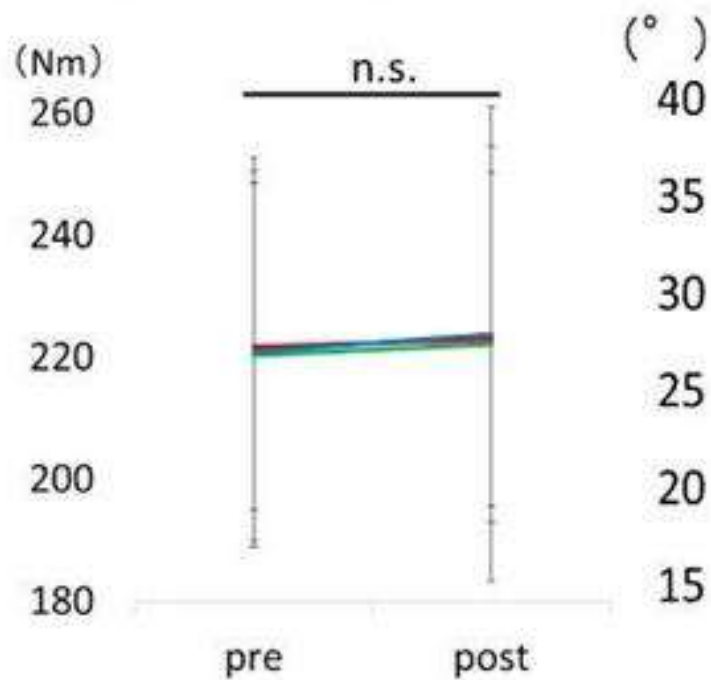


### 短縮性収縮筋力



### 伸張性収縮筋力



### 関節の柔軟性

